

LOCAL FIGURE SKATERS • HOT CHOCOLATE & TREATS

LAUNCH THE NEW YEAR WITH NEIGHBOURS!

WILLOWDALE SKATE PARTY

Sun. January 14, 2024, 1-4pm

MEL LASTMAN SQUARE



RSVP

Hi Neighbour!

Happy New Year! We are excited to let you know we are once again kicking off the new year with a **FREE!** [Willowdale Community Skate Party at Mel Lastman Square](#) on **Sunday, January 14 from 1-4pm**. There will be figure skating performances, a DJ (sponsored by the **Yonge North York BIA**), free hot chocolate and treats. You can support **NeighbourLink North York** who run a local food bank and many other great local programs, by buying a cup of noodles! Who doesn't love to slurp some hot noodles on a chilly day! Especially when it is for a great cause! The event is co-hosted with **MP Ali Ehsassi** and **MPP Stan Cho!** [Please RSVP](#) so we can prepare the right amount of hot chocolate! We also thank **Tim Hortons** for their sponsorship of our event!

A final message for 2023

The holidays are a wonderful opportunity to connect with loved ones and make precious memories. However, I want to also acknowledge the difficulty of the season for many. Some have lost loved ones while others have family members in countries at war. We know that many in our city struggle with loneliness which can be amplified when it seems like everyone else is surrounded by family and friends. Please reach out if you are feeling alone. Those who require immediate mental health support can also dial 2-1-1 for resources. Please also consider those around you who may need someone to check in on them.

One way to end the year off with a positive mindset is to make a gratitude list. I'll be sharing my 23 things for which I am grateful for 2023 in the new year!

Let's end the year with gratitude and launch the new year with hope!

Warmest Wishes to you and your loved ones,

Lily Cheng 陳伶俐
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Councillor Lily Cheng

Ward 18 Willowdale / Councillor_Cheng@toronto.ca / 416-392-0210

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