

Hi Neighbour!

Council was an intense whirlwind with multiple motions being worked out down to the wire. I look forward to sharing highlights and reflections next week.

This email is jam-packed with opportunities to participate, connect with community, and have some fun! See also recent City policy updates and construction notices in our neighbourhood below.

TOMORROW! - Join me in celebration of Earth Day at Gibson House where there will be the unveiling of the community mural created by Indigenous artist Mo Thunder and North York Arts. You can also try hands-on crafts and textile upcycling. If you missed Environment Day last weekend, you can bring your electronic waste for recycling and safe disposal.

WHERE: 5172 Yonge Street (Park Home/Gibson Park) TIME: 11am - 4pm (1pm mural unveiling)

NEXT SATURDAY, APRIL 27, 11am-2pm - EXCITING GLOBAL BRUNCH OPPORTUNITY!

Join me for a taste adventure around the world as we enjoy an exploration of all the food stalls at the newly launched Food Hall TO! From the Carribeans, to Tibet, to Thailand, to Mexico, to Spain, to India - it is rare to sample the flavours from such a wide variety of cultures in one meal and for one price. We will also get the chance to hear the stories behind the food as the budding entrepreneurs being incubated will share about the highs and lows of being a newcomer, immigrant or refugee. Cost is \$40 per person which includes food, gratuities and drinks. <u>Click Here</u> to register.

Have a wonderful spring weekend!

Warmly,

Ly Cheng 陳伶俐

Councillor Lily Cheng Ward 18 Willowdale / <u>Councillor_Cheng@toronto.ca</u> / 416-392-0210

Click On The Links Below or Scroll Down To Learn More About:

~ COUNCILLOR UPDATES

- <u>Neighbourhood Munch: World Tour Brunch</u>
- Thank You for a Successful Environment Day!
- Spaghetti Town Halls are Back!
- <u>Yonge Street Tragedy Memorial</u>
- <u>Neighbourhood Watch Webinar</u>
- <u>Call for Volunteers</u>

~ CITY OF TORONTO UPDATES

- Utility Work at Yonge St. and Steeles Ave. (Steeles Station).
- Finch Station Elevator Repairs
- <u>ReNew Sheppard East</u>
- Lights Out Toronto
- Sheppard Ave E Construction from Bonnington PI to Bayview Ave
- <u>Updates on Multi-Tenant Housing in Toronto</u>
- <u>Toronto Multi-Year Accessibility Plan Consultation</u>
- Clean Toronto Together
- TTC Wheel Trans Community Feedback
- Public Schools Boundary Review

~ COMMUNITY UPDATES

- Spring Lanterns in Willowdale
- Earth Day at Gibson House Museum
- French Movie Screening at North York Central Library
- BeYou Women's Program
- <u>All-In Spring Sale</u>
- An Afternoon of Music and Exploration
- DMZ's 2024 Basecamp Program
- Let's Move, Willowdale
- <u>The Yorkminstrels Show Choir Anniversary Celebration</u>
- <u>Toronto Marathon</u>
- <u>PCC Fundraising Relay</u>
- <u>Kindred Spirits Orchestra: Per Aspera Ad Astra</u>
- Zumba & Dance Therapy
- <u>Caregiver Binder Workshop</u>
- Finch Public School Spring Fling
- Earl Bales Aspiring Artists
- Luminato Festival Toronto

COUNCILLOR UPDATES



FOOD HALL TO. PRESENTS

Neighbourhood Munch:

WORLD TOUR BRUNCH



Enjoy a tasting menu from each of our 5 unique kiosks. Each kiosk is operated by a newcomer or refugee participating in our incubator program to become an entrepreneur.

Co-host Councillor Lily Cheng.



APRIL 27TH, 2024 11AM - 3PM 5210 YONGE ST SCAN THE QR FOR TICKETS



NEIGHBOURHOOD MUNCH: WORLD TOUR BRUNCH

Join me and Feed Scarborough at Food Hall TO (5210 Yonge Street) for a funfilled event where you can meet Newcomers to the country who are also students of our local food incubator, to hear their stories as they begin building their life in Canada as small business entrepreneurs. Enjoy delicious food, and learn about the new program in Willowdale. This is a great opportunity to connect with the community and enjoy conversations with me and the new team. Don't miss out on this fantastic event! You're in for a culinary adventure that will leave your appetite satisfied!

When: Saturday, April 27, 11am - 3pm Where: 5210 Yonge Street Toronto, ON M2N 5P6

Buy Tickets Now



THANK YOU FOR A SUCCESSFUL ENVIRONMENT DAY!

Many thanks to the many people who joined us and supported us at the Community Environment Day and Eco Fair that happened this past Saturday. We received high praise from someone who mentioned it looked like one of the "the most amazing Community Environment Days of the year!" This could only happen with the amazing group of people who came together including volunteers from the Willowdale Climate Action Roundtable along with Professor Pricklethorn, and representatives from Point A, Smart Commute, Parkview Neighbourhood Garden, LEAF, Climate Fast, Toronto Climate Action Network (TCAN), Green Neighbours Network (GNN), ECO Spark, Willowdale Neighbourhood Planting Program, Cycle TO and Our Greenway.

It was wonderful to see so many familiar faces and I truly believe that getting together is how the magic of community happens! Upon arrival in the morning, I met a couple who are creating a comedy show to present, and just as we were chatting, **Steve Boyle**, the founder of the **Willowdale Central Arts Collective** appeared and a serendipitous connection was made! I was also deeply moved by Mary, the 95-year-old who took a bus to Earl Haig because she wanted to meet me. As we chatted we discovered another Mary who was 72 and waiting

beside her to speak to me. 95-year-old Mary told 72-year-old Mary, "You're so young!" It was a special moment for me!



SPAGHETTI TOWN HALLS ARE BACK!

THANK YOU to all the Avondale community members who joined us on Thursday evening for a wonderful spaghetti dinner and town hall meeting!

Newtonbrook West

When: Friday, April 26, 5:30 PM - 9:00 PM Where: Willowdale Christian School, 60 Hilda Ave, M2M 1V5

West Lansing

When: Tuesday, May 7, 5:30 PM - 9:00 PM Where: Lansing United Church, 49 Bogert Ave, M2N 1K4

RSVP Now!



YONGE STREET TRAGEDY MEMORIAL

April 23 marks 6 years since the Yonge Street Tragedy. We welcome you to join us on April 23 as we lay flowers at the temporary memorial at Mel Lastman Square at 1:30 PM.

We are grateful to support a commemorative naming of Canterbury Place to be called "Heroes' Way," to honour the courage and care shown by our First Responders during this tragedy.

LEARN HOW TO INCREASE COMMUNITY SAFETY!

NEIGHBOURHOOD Watch webinar

MON, MAY 27, 2024 FROM 7 - 8 PM

Learn how to set up your own local cluster!



HOSTED BY: LILY CHENG CITY COUNCILLOR WARD 18, WILLOWDALE

RSVP AT LILYCHENG.CA/EVENTS

NEIGHBOURHOOD WATCH

> We call POLICE

NEIGHBOURHOOD WATCH WEBINAR

Are you concerned about rising crime rates in Willowdale? Do you want to take action against crime and improve community safety? Consider forming a Neighbourhood Watch with neighbours in your building or block!

On May 27 from 7:00 PM - 8:00 PM, a safety webinar will be hosted by our office and Didi, a community leader and starter of several Neighbourhood Watches across the city! Her largest group is in the Yonge-Lawrence area, where she went door to door to form a neighbourhood watch group following a stabbing incident on her block. Watch the following news footage for her story: <u>https://globalnews.ca/video/4344474/torontos-yonge-and-lawrence-community-forms-online-neighbourhood-watch-program</u>

A Neighbourhood Watch Group allows for quick responses and reporting of incidents, increased awareness of suspicious events and enhanced crime prevention through collective action.

If you are interested in starting a Neighbourhood Watch for your area, please register for the Webinar at <u>bit.ly/neighbourhoodwatchrsvp</u>, and fill out the registration form for a chance to win a \$100 giftcard towards a Block/Building Party to launch your Neighbourhood Watch!

Register Now!

VOLUNTEERS SIGN UP NOW!

& Earn Volunteer Hours

New volunteers sign up here: <u>www.lilycheng.ca/volunteer</u>

Existing volunteers sign up here: <u>bit.ly/existingvolunteers</u>



Let's work together to make **WILLOWDALE** a great community!

COUNCILLOR CHENG

CALL FOR VOLUNTEERS

Passionate about making a difference? We are looking for dedicated individuals to join our Volunteer Team!

Help foster a **Connected Community in Willowdale**. Contribute to making meaningful change and earn volunteer hours.

Let's work together to make Willowdale a better place for all!

New volunteers, sign up here: <u>www.lilycheng.ca/volunteer</u> Existing volunteers, sign up here: <u>bit.ly/existingvolunteers</u>

CITY OF TORONTO UPDATES



UTILITY WORK AT YONGE ST. AND STEELES AVE. (STEELES STATION)

To support the **Yonge North Subway Extension Project (YNSE)**, Beanfield will complete the relocation of the existing fibre optic cable on the south side of Steeles Ave., crossing over Yonge St. This work is necessary as the existing cable conflicts with the future Steeles Station North Headwall.

The work will be done on the boulevard on Steeles Ave. from Tangreen Crt. to Bayview Ave., with eastbound lane closures on Steeles Ave. during this period. The relocation of the Beanfield cable is being integrated into a larger Beanfield capital project that will result in network enhancement. As Metrolinx's work is being integrated into an existing worksite within the current timing of **8am – 5pm and 9pm – 6am**, residents and businesses near the work should not experience any additional disruptions. The existing traffic impacts, including rotating closures of portions of the boulevard and parallel lane in the project area will continue. Signage will be posted as required as part of the Traffic Control Plan.



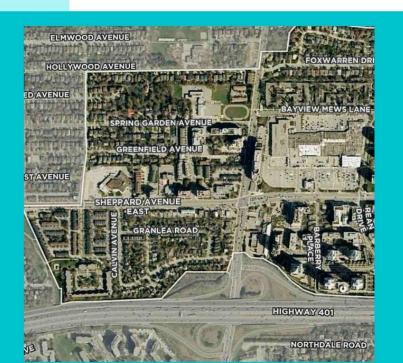
Please contact Metrolinx with any questions related to this project, at <u>https://www.metrolinx.com/en/contact-us</u> or (416) 869-3600.

FINCH STATION ELEVATOR REPAIRS

The elevator outage at Finch Station, initially scheduled for repairs from April 11th to April 19th, 2024, **may now require additional time for restoration**. The TTC maintenance team has discovered extensive water damage, prolonging the repair process. As they work diligently to resolve the issue, **it is anticipated that the unit will be back in service by the end of next week**.

Additionally, signage will be updated accordingly to keep commuters updated of the progress. Your patience and understanding during this time are greatly appreciated as we work to improve your transportation experience!

Learn More



WILLOWDALE IMPACTED AREA FOR SHEPPARD AVENUE EAST PLANNING REVIEW

COUNCILLOR CHENG

ReNew SHEPPARD EAST

The City is developing a vision and plan to guide growth and future development within the Sheppard Avenue East corridor between Bayview Avenue and Leslie Street. This impacts the eastern tip of Willowdale on Sheppard.

The ReNew Sheppard East Planning Study (Sheppard Avenue East Planning Review) will provide recommendations to clarify, refine, and/or strengthen the existing policy framework, which could include official plan changes, and area-specific planning tools and policies.

Visit the<u>interactive map and survey</u> to provide your thoughts on key components of the study. The interactive map and survey will be made available until May 10, 2024.

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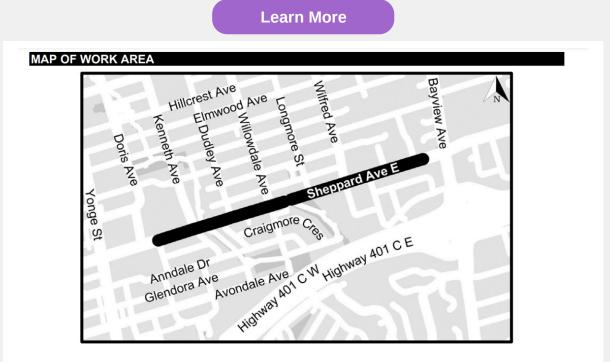
LIGHTS OUT TORONTO

To protect birds during their migration during the spring and autumn months, the City of Toronto has launched the "Lights Out Toronto" campaign – a city-wide campaign to address the issue of migratory bird collisions with building windows in Toronto during the spring (April 1 to May 31) and fall (September 1 to October 31) migration seasons.

The City's campaign encourages the public to contribute to "Lights Out Toronto" by **turning off unnecessary lights** – defined as lighting not intended for security or safety reasons – during the nighttime, to reduce fatal bird collisions with buildings. By turning off non-essential lights in buildings, Toronto can be a leader in reducing the number of bird collisions and saving countless bird lives.

As part of the "Lights Out Toronto" campaign, Toronto residents and businesses are encouraged to:

- Turn off interior lighting at night, especially on higher floors.
- Close window coverings at night if lights must be kept on.
- Turn off exterior decorative lighting, pot lights and flood lights when not in use.
- Substitute strobe lighting and reduce atrium lighting whenever possible.
- Install automatic motion sensors and controls wherever possible.



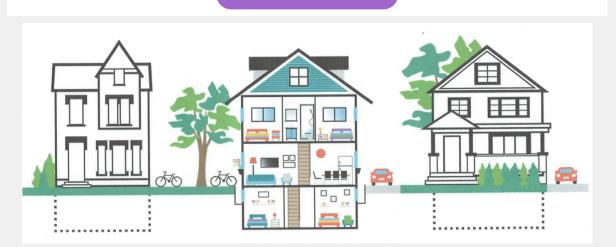
SHEPPARD AVE. E CONSTRUCTION FROM BONNINGTON PLACE TO BAYVIEW AVE.

Our office has been hearing from several concerned constituents regarding the **Road Resurfacing and Bikeway Construction on Sheppard Ave E**. Please see below an explanation of the project scope and timeline, from the Engineering & Construction Services Division:

"This project involves major road resurfacing, upgrading sidewalks/boulevards, and the creation of two new bike lanes on both the north and south sides. Additionally, all signalized intersections within the construction limits will be upgraded as part of the scope.

Considering the various traffic-related challenges, particularly in maintaining business access and potential weather-related delays, especially during the Spring and Fall seasons, this timeline from **April to November** presents the most constrained window for completing this job. While we will make every effort to complete the work as soon as possible, we assure you that the provided timeline is reasonable given the complexity of the project's scope and other traffic related factors. Throughout the construction period, residents can be assured that access to businesses will be maintained."

Learn More



UPDATES ON MULTI-TENANT HOUSING IN TORONTO

The City of Toronto has implemented new rules for multi-tenant houses to enhance safety and standardize this affordable housing option across the city. These rules aim to improve oversight, compliance, and safety standards while preserving affordable housing for renters.

Multi-tenant houses, previously restricted in some areas, are now being legalized and encouraged to increase housing availability. As of March 31, operators must obtain licenses for multi-tenant houses, with a three-year phased implementation period prioritizing education and support for tenants. Defined as buildings with four or more rooms rented to separate

individuals, multi-tenant houses cater to diverse residents, including newcomers, students, seniors, and low-to-moderate-income individuals.

Advantages of the new rules include:

- Consistent standards
- Improved safety and building conditions
- Enhanced licensing requirements
- New operating standards
- A renovation program to preserve affordability

The City has established an effective compliance program, including enforcement teams and a licensing tribunal, to ensure adherence to regulations. Toronto City Council has amended zoning bylaws city-wide and introduced consistent standards to safeguard tenant safety and address neighborhood concerns. Information about licensing requirements and tenant support is available on the City's Multi-Tenant Houses webpage.

Learn More



TORONTO MULTI-YEAR ACCESSIBILITY PLAN CONSULTATION

The City of Toronto has launched public consultations for the **2025-2029 Multi-**Year Accessibility Plan and is looking for your feedback!

People with disabilities, their support persons, and community organizations can share their experiences to help make Toronto more accessible. Your feedback will inform priorities and initiatives aimed at enhancing accessibility in City programs, services, information and communications, facilities, public spaces, and employment practices.

The survey is open until April 26.

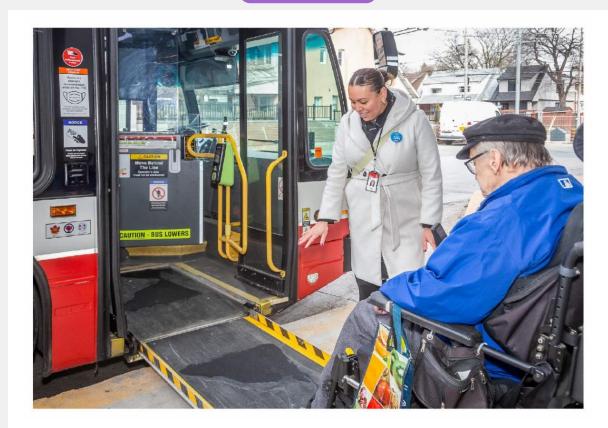
Take the Survey!



CLEAN TORONTO TOGETHER

Toronto's annual spring cleanup is April 19 to 22. Gather your family, friends, neighbours and colleagues and help clean up litter in Toronto's parks, beaches and other public spaces. Last year, over 1,000 cleanups took place across the city and over 70,000 residents and City staff pitched in. Working together we helped keep Toronto clean and green.

Corporate 20-Minute Makeover: Friday, April 19 Community Cleanup Days: Saturday, April 20 and Sunday, April 21 School Cleanup Day: Monday, April 22



Learn More

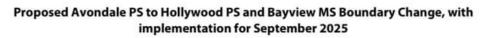
TTC WHEEL-TRANS COMMUNITY FEEDBACK

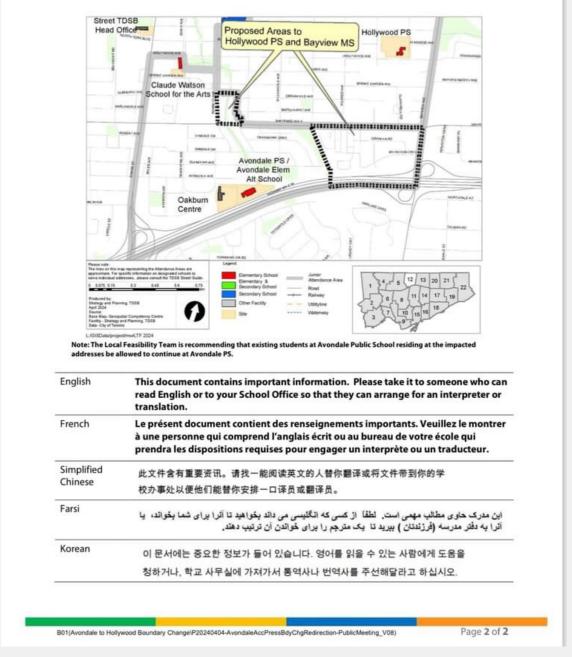
The TTC wants to hear from you! From now until April 30th, the TTC is looking for community feedback on improving their Wheel-Trans Service & Family of Services.

All persons with disabilities who use the TTC, including Wheel-Trans, support persons and members of community-based organizations that support or advocate for people with disabilities are invited to participate. Your feedback plays a crucial role in shaping decisions concerning accessibility at the TTC.

You can share your feedback by participating in this survey: Wheel-Trans Community Feedback Survey (forumresearch.com)

Learn More





PUBLIC SCHOOLS BOUNDARY REVIEW

The Toronto District School Board would like to invite you to a public meeting to discuss a proposed boundary change affecting the following schools: Hollywood Public School, Bayview Middle School, and Avondale Public School. The meeting will also discuss the redirection of new residential developments from Avondale Public School to other elementary schools outside of the immediate area.

Virtual Public Meeting When: Thursday, May 2, 6:30 PM - 8:00 PM Where: Virtual Public Meeting – Zoom Participants must pre-register to join the meeting. To do so, please visit: <u>https://tdsb-ca.zoom.us/webinar/register/WN_tVANFKccQnWgPv4lyXIUsw</u>

Learn More

COMMUNITY UPDATES



SPRING LANTERNS IN WILLOWDALE

Welcome Spring by enjoying the beautiful lanterns placed across our neighbourhood. The Yonge North York BIA proudly presents its FREE "Spring Lanterns" exhibit. This vibrant art display brings traditional hand-made silk lanterns from Sichuan, China.

You are invited to enjoy these beautiful vignettes at our sponsored locations until **April 30**.

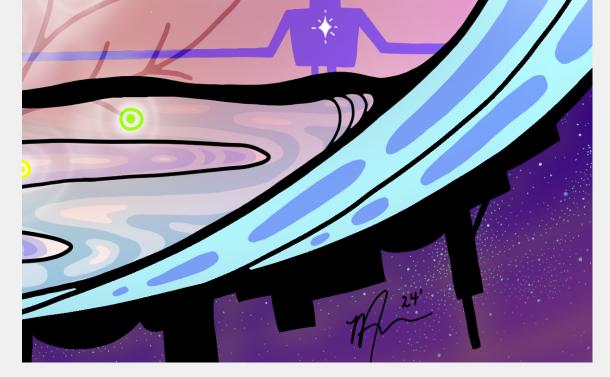
Participating BIA Locations:

- North American Centre: 5650 & 5700 Yonge St.
- Mel Lastman Square: 5100 Yonge St.
- Yonge Sheppard Centre: 4841 Yonge St.
- Emerald Park: 4750 Yonge St.

VISIT, SHARE & WIN!

From March 15 to April 30, we are hosting an Instagram Contest, whereby patrons are encouraged to share their Spring Lanterns experience(s) on their public Instagram Account for a chance to WIN a \$250 gift card to the Yonge North York BIA restaurant of their choice. To enter, make sure to tag #yongenorthyork. To receive additional contest entries, upload selfies at other participating Spring Lanterns locations. Click on the button below for full contest details and rules.

Learn More



EARTH DAY AT GIBSON HOUSE MUSEUM

See the unveiling of the community mural created by Indigenous artist **Mo Thunder** and North York Arts. Try hands on crafts and textile upcycling. Bring your electronic waste for recycling and safe disposal. Toronto History Museums celebrates the Earth through a series of dynamic cultural experiences that advance meaningful action towards keeping the Earth Clean and Green!

Celebrate the spirit of earth, sustainability and community through workshops, talks, and other programs that honour the earth and promote environmental stewardship from multiple perspectives.

When: April 20, 11:00 AM - 4:00 PM (Mural unveiling at 1:00 PM) Where: Gibson House Museum, 5172 Yonge Street (Park Home/Gibson Park)

Learn More

French movie program Presented and hosted by the Alliance Française of Toronto. Saturday, April 20th 2-3pm Room 101

-no registration required-

North York Central Library - Children department 5120 Yonge st. 416-395-5630



Date : Samedi 20 Avril

Programme : Projection du film « Maman pleut des cordes » + activité créative : créer un arbre des saisons.

Durée du programme : 1 heure (projection du film : 30 minutes + activités créative : 30 minutes)

Pour les 6-12 ans -Aucune inscription n'est requise.



Synopsis du film « Maman pleut des cordes »

"Jeanne, huit ans, a un caractère bien trempé. Sa mère, elle, traverse une dépression. Elle décide de se faire aider et envoie sa fille passer les vacances de Noël chez Mémé Oignon, à la campagne. Jeanne croit à tort que sa mère est partie sans elle en vacances, et part fâchée. Mais là-bas, Jeanne se fait des amis inattendus : Léon et Sonia, deux enfants du coin, et Cloclo, l'immense clodo qui vit dans la forêt. Grâce à ses nouveaux amis, Jeanne va apprendre que la peut être une fête, après tout !

FRENCH MOVIE SCREENING AT NORTH YORK CENTRAL LIBRARY

Join Alliance Française Toronto for a delightful French movie screening at North York Central Library on Saturday, April 20th, 2-3 PM. Watch "Maman Pleut des Cordes" followed by a fun creative activity: crafting seasonal trees.

Synopsis: Meet Jeanne, an eight-year-old with a strong spirit. When her mother falls into depression, Jeanne is sent to spend Christmas holidays with Mémé Oignon in the countryside. Misunderstandings lead Jeanne to believe she's been abandoned, but unexpected friendships with local children and a forest-dwelling tramp show her the joy of togetherness. Come join the adventure!

Ideal for ages 6-12, this event promises an engaging 30-minute film screening and 30 minutes of imaginative crafting.

When: Saturday, April 20th Time: 2-3 PM

Where: Room 101, North York Central Library - Children's Department (5120 Yonge St)

Contact: 416-395-5630

No registration is required.

Learn More



BeYou WOMEN'S PROGRAM

BeYou is a 5 session personal development program focused on themes of: Resilience, Growth Mindsets, Healthy Relationships, Body Confidence and Self-Esteem! BeYou aims to enhance skills, build community and create connections with others! BeYou encourages personal growth through engaging with diverse guest speakers, learning trips and building resilience!

Program Dates

In-Person: May 5, May 26, June 1, and June 9 (3 - 6pm in Toronto) Virtual: May 16 (6:30 - 9pm)

Honorarium & Extras Participants will:

- Receive a \$200 cash honorarium for completing all 5 sessions.
- Have the opportunity to receive up to 8 community service hours.
- Have the option to attend Cirque du Soleil show on May 7 in Toronto at 7:30pm.

Who Can Apply

Youth who self-identify as female, ages 16-24. Due to small group sizes needed to interact with guest speakers, we will be limiting participation to 10 youth.

Program Topics

Relationships: We all have unique relationships in our lives, but are they healthy ones? What are the key ingredients to healthy relationships and how do we navigate them in a digital world?

Resilience: What is resilience? How can we recover from setbacks and forge

ahead? Participants and facilitators will explore how to approach challenges and cope with difficulties.

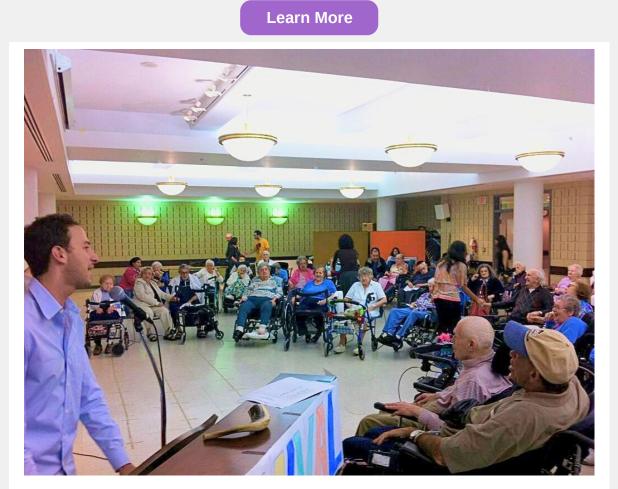
Self-Esteem & Body Confidence: Do self-esteem and body confidence go hand in hand? Participants and facilitators will explore positive and healthy affirmations, strategies to promote healthy self-esteem and the impact of social media.

Growth Mindset: Participants and facilitators will travel through the process of developing and sustaining a growth mindset. How can we embrace successes and mistakes to support future decision making and problem solving?

You can learn more about BeYou by visiting our webpage youthrisingabove.org/beyou

Please email Lela at lelap@youthrisingabove.org with any questions!

Apply by April 23 2024!



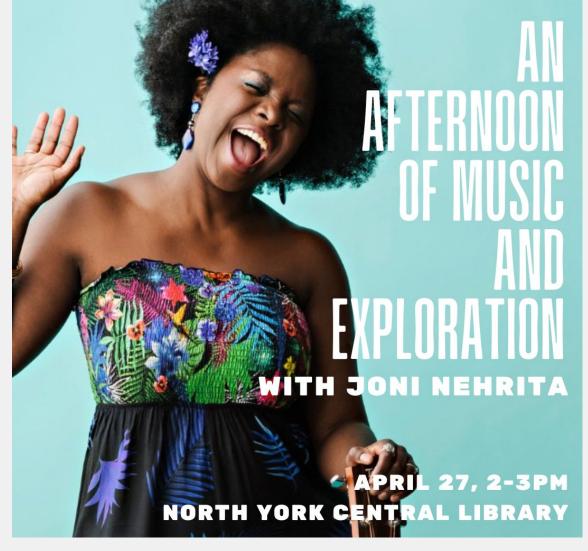
ALL-IN SPRING SALE

As you do your spring cleaning, the **Cummer Lodge** volunteers are looking for donations for their next big sale, which will be held on **April 26 from 9 AM to 3:30 PM** in the main lobby.

Jewellery, clothing, housewares, artwork, home decor, sports equipment, games, books, and almost anything else (but not the kitchen sink or large furniture items please!) would be greatly appreciated.

Funds raised at the sale will support resident programs.

Learn More



AN AFTERNOON OF MUSIC AND EXPLORATION

Join singer/songwriter and multi-disciplinary artist, **Joni NehRita** for an afternoon of music and exploration. The Jamaican-Canadian artist's music invites listeners to think, feel and move with her socially charged Afro-Latin & Caribbean soul.

NehRita is also a music educator & facilitator who has taught workshops in improvisation, performance & vocal technique at Wilfrid Laurier University, Seneca College, Folk Alliance International, The Uptown Waterloo Jazz Festival as well as at countless other schools & community events.

Call the Languages, Literature, & Fine Arts department at 416-395-5639 or visit the 3rd floor desk to register.

Space limited. All ages are welcome.

When: Saturday, April 27th, 2024, 2PM-3PM Where: Auditorium, North York Central Library



DMZ's 2024 BASECAMP PROGRAM

DMZ is excited to announce the launch of their **<u>2024 Basecamp program</u>**! This year DMZ introduces Basecamp Sprint, a high-velocity 4-week program for university students to pitch at Collision 2024 to win a trip to New York City. Basecamp Sprint is followed by Basecamp Voyage, an 8-week deep dive program for high school and university students, emphasizing ideation, development, and a culminating pitch competition for \$50,000 in grants, with a first-place prize of \$20,000.

This **FREE** program will be hybrid from **June to August 2024**. Basecamp founders will participate in 3 days of in-person programming in the DMZ's downtown Toronto office and two days remotely.

What should Students expect?

- An opportunity to create tech solutions to growing social or economic gaps in society
- Interactive workshops and personalized mentorship needed to ideate and build a startup
- 1:1 mentoring with DMZ staff, alumni companies, and industry mentors
- A chance to participate in the Collision Conference and win a trip to New York City
- The chance to pitch your startup for one of four grant prizes totaling \$50,000, with a first place prize of \$20,000!

For more information, students can check out the **<u>Basecamp Info Package</u>**.

Spots are limited and are filling up fast, and students can apply on the Portal ASAP no later than May 3rd.

For any questions, students can reach out to dmztalent@torontomu.ca

Learn More



LET'S MOVE, WILLOWDALE

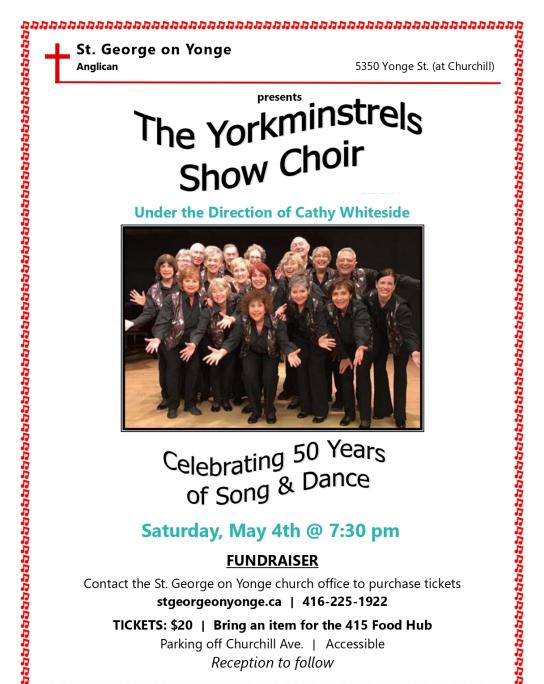
Join NeighbourLink North York for their 3rd Let's Move, Willowdale Move-a-thon & BBQ in partnership with the North York Seniors Centre (NYSC) on Saturday, May 4th! The fun starts at Hendon Park with a 10:45 am stretch, and 11 am walk, run and ride along the Finch Hydro Corridor with friends, family and neighbours, marshalled by We Run North York and Cycle Toronto! May the 4th is Star Wars Day so come dressed up if you'd like!

Following the Move-a-thon there will be a BBQ beginning at 12 pm with delicious food, entertainment, kids activities, crafts, caricature artists, prizes and much more!

For more details and registration visit <u>www.neighbourlink.org/letsmove</u>

All funds raised will go towards NeighbourLink and the North York Seniors Centre's programs targeted at alleviating social isolation for the most vulnerable in our community. NeighbourLink North York programs include Mobile Food Deliveries, Community Care Team and Single Moms Mother's Day event. NYSC programs include their Friendly Visits, Wellness Monitoring, Social Club and virtual programs.







THE YORKMINSTRELS SHOW CHOIR ANNIVERSARY CELEBRATION

Celebrate the Yorkminstrels Show Choir 50th Anniversary Celebration on Saturday, May 4th, at 7:30 PM!

Enjoy an evening of singing and dancing with a special performance presented by St. George on Yonge Anglican Church.

Purchase your ticket now by contacting the St. George on Yonge Church office at 416-225-1922.

When: Saturday, May 4th, at 7:30 PM Where: St. George on Yonge Anglican Church, 5350 Yonge St, North York, **ON M2N 5R5**

Learn More



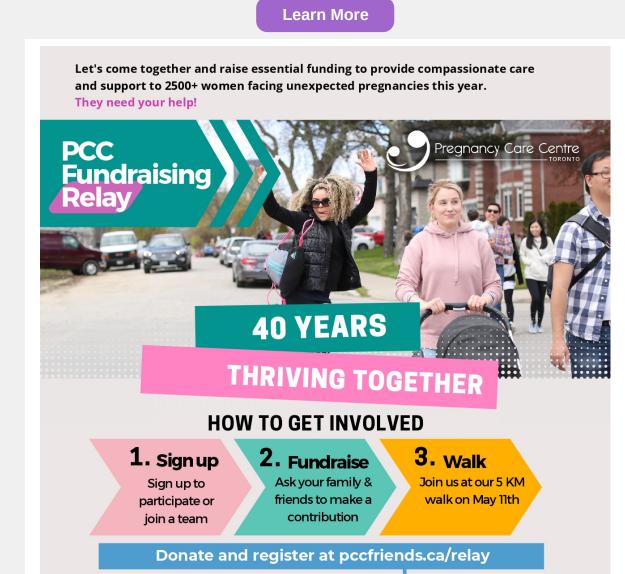
TORONTO MARATHON

Get ready to lace up your running shoes as the annual **Toronto Marathon** takes over the streets on **Sunday**, **May 5**, **2024**! This event welcomes over 16,000 participants from 60+ countries.

The Marathon begins at 7:30 AM. The Half Marathon begins at 8:30 AM. 5K and 10K begin at 8:00 AM.

Hwy. 401 – Ramps to Yonge Street Southbound will be open by 10:00 AM. For East-West travel: Bloor Street, Danforth Avenue, Queen Street, and Dundas Street are all open for uninterrupted East-West traffic. Police will be at major intersections to direct traffic. Expect some delays.

For more information, including detailed road closures and course maps, visit www.torontomarathon.com.





JOIN US AT OUR WALK ON SATURDAY, MAY 11TH | START TIME: 8:30 AM

THE PEOPLES CHURCH (PARKING LOT) 374 SHEPPARD AVE E, NORTH YORK, ON M2N 3B6

QUESTIONS? Call or text: 416-229-2607 Email: events@pregnancycarecentre.org

416-229-2607 | For Supporters: pccfriends.ca | info@pregnancycarecentre.org | Central Office: 15 Hove St. Toronto, ON. M3H 4Y8

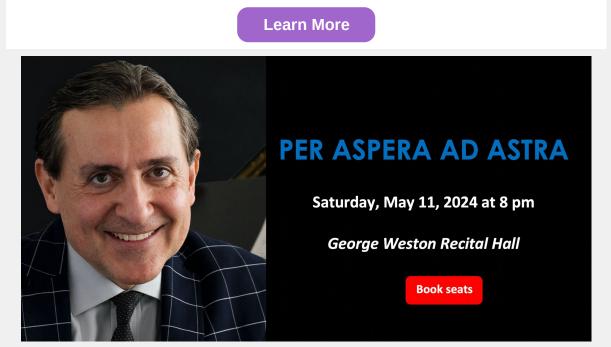
PCC FUNDRAISING RELAY

Save the date for the **Pregnancy Care Centre's** First Response Relay on **Saturday, May 11th** as they celebrate their 40 year anniversary!

As a community, let's come together to show our support to women and families facing unexpected pregnancies.

Help raise funds by reaching out to family and friends for support who want to give compassionate community care to families in our city.

When: Saturday, May 11th at 8:30 AM Where: 374 Sheppard Ave E.



KINDRED SPIRITS ORCHESTRA: PER ASPERA AD ASTRA

Experience a night of musical wonders! Delve into the vibrant rhythms of Manuel de Falla's The Three-cornered Hat suite, journey through the virtuosic brilliance of Chopin's Piano Concerto No. 2, and feel the emotional depth of Tchaikovsky's Symphony No. 5. Don't miss out on an unforgettable evening filled with enchantment and joy!

Featuring: <u>Kristian Alexander</u> | Conductor <u>Ludmil Angelov</u> | Pianist <u>Daniel Vnukowski</u> | Host

When: Saturday, May 11, 2024, at 8 PM Where: Meridian Arts Centre - George Weston Recital Hall 5060 Yonge St., Toronto



Buy Tickets



ZUMBA & DANCE THERAPY

Take part in an outdoor Zumba & Dance Therapy Workshop! Get ready to shake it off and dance your stress away with a Zumba & Dance Therapy event - it's time to groove and feel good!

When: May 14, 6:00 PM to 7:30 PM Where: Glendora Park, 201 Glendora Avenue Toronto, ON M2N 2W5

Buy Tickets



Free Refreshment • Discounted Binders

Receive guidance to effectively utilize your Caregivers' Support Binder to manage appointments, medical history, and personal information.



CAREGIVER BINDER WORKSHOP

Join the upcoming "Caregiver Binder Workshop" where the North York Seniors Centre provides an innovative solution to streamline caregiving. Designed to simplify the often overwhelming task of organizing essential information, the binder serves as a comprehensive resource for caregivers. From medication schedules to documenting daily observations and medical history, this workshop will guide you through the optimal utilization of our caregiver binder. Don't miss out on the opportunity to get your hands on this invaluable tool and learn how to manage caregiving responsibilities with ease.

When: Thursday, May 16, 10:00 AM - 12:00 PM Where: 21 Hendon Ave., Cafe

To register, contact Stacy Hilliman at (416) 733-4111. Registration is free!

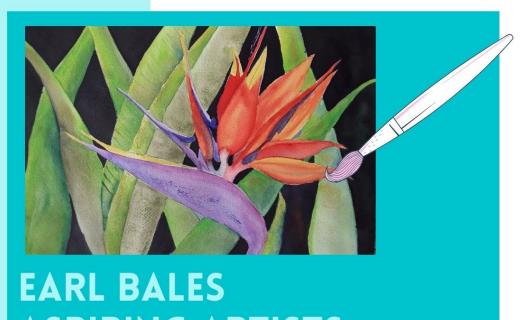


FINCH PUBLIC SCHOOL SPRING FLING

Finch Public School is hosting a fundraising event on May 31, 2024 for the school and the community! Finch P.S is looking for sponsors to help facilitate this event. Any proceeds they receive from the raffle will be used towards classroom enrichment, field trips, and buying school supplies, food, and winter clothing.

When: Friday, May 31, 4:00 PM - 7:00 PM Where: 277 Finch Ave. E

Learn More



ASPIRING ARTISTS

WHEN: EVERY MONDAY, 1:00 PM - 3:00 PM

WHERE: EARL BALES COMMUNITY CENTRE, ROOM 2

COUNCILLOR CHENG

EARL BALES ASPIRING ARTISTS

Join a group of like-minded creative people, who get together in a supportive environment to create art. You will work on your own project in the company of fellow artists.

Where: Earl Bales Community Centre, Room 2 When: Monday afternoons: 1:00 p.m. - 3:00 p.m.

Bring all your materials. Dry and water-based media are welcome. No oil paint and spirits. No perfume please.

To register, contact Shelley at EBArtists@hotmail.com



LUMINATO FESTIVAL TORONTO

This June, Luminato Festival Toronto, the city's multi-arts festival, returns to kick off the summer with memorable arts experiences.

From June 5 to June 16, 2024, Luminato will present a vibrant programming lineup featuring exceptional Canadian and international artists who will

illuminate the city with a unique blend of music, dance, theatre, performance art, and more.

SPACED, curated by Banded Purple, celebrates the notion that art can be found in every corner and can permeate every aspect of our lives. The artists behind SPACED aim to take up space and affirm their own presence in the world, and to inspire people to recognize the beauty that exists in the world even in the most unlikely of spaces. Check out their exhibit at Finch Station from June 5 to June 16!

Learn More

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